

**PROVIDE EXPERT CONSULTING TO WORKERS THAT SIT WHILE WORKING!**

**Authored by Scott Donkin, DC, DACBOH**

Excellent PowerPoint Presentation for addressing the issues of Seated Workers! The information is the best out there. Another great product authored by Dr. Donkin, well-recognized expert in the areas of kinetics, biomechanics, and physiology. It just doesn't get any easier or better!

Dr. Donkin has assembled an easy to use step-by-step presentation **SITTING ON THE JOB - ACTION PACK** - so you don't have to invent your own wheel. He makes it simple to comprehend injury prevention and physical stress reduction for the large population that makes a daily living by sitting at work all day. With automation and technology increasing in the workplace, the number of people sitting at work has dramatically increased and trends indicate the numbers will continue to escalate. Speaker notes and audience handouts included.

This presentation gives astute insights into the causes and prevention of headaches, neck pain and stiffness, CTDs, backache, and related symptoms associated with extended periods of sitting. This program is excellent for employee education and for patient ed in your clinical practice. Employers love the material presented in this slide set - because it addresses the real issues of their workers!

Conveniently you will find most employers set up for PowerPoint already. PC only, self executing program. PowerPoint presentation includes: protected CD, speaker script and audience handouts. You will get lots of use out of this program. Dr. Donkin has also authored several books - *Sitting on The Job*; *Physical Intelligence*; and *Peak Performance: Body & Mind*. (These books are also available through the IACOHC.) Dr. Donkin is the expert on sedentary work!

*Now Available as a PowerPoint presentation! SPECIAL INTRODUCTORY PRICE ONLY UNTIL SEPTEMBER 30, 2004!*

UNLIMITED USE!

STEP-BY-STEP

WHAT EMPLOYERS WANT!

**MORE WORKERS SITTING MORE OFTEN DURING WORKDAY - INCREASE IN TECHNOLOGY & AUTOMATION**

**SITTING ON THE JOB - ACTION PACK** is useful for nearly every company presentation you might give, or for marketing to just about every company in your community. Consider the work people do, the tasks performed are more often done so in a sitting position than any other position. Automation and the use of technology have made this possible. Adding **Sitting on the Job - Action Pack** to your resources for use in industrial consulting - certainly will be an excellent investment. The nature of this slide set, plus the nature of workers today means you will be using this set a lot, reaching executives, managers, seated workers, and of course there is also benefit for using this set as patient education. Great for use for inviting people in your community to attend a workshop, or use in a community ed class. **Uses for this presentation are virtually unlimited.**

**This is THE BEST presentation to give to employers and employees where the people sit so much while working. The satisfaction rate has been 100%! That's why the IACOHC continues to promote Dr. Donkins' Action Pack, and of course his other products.**

**Order your Action Pack today!**

**SITTING ON THE JOB - ACTION PACK PRESENTATION!**

**WHY WAIT ANY LONGER TO DO WHAT YOU WANT TO DO?**

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